# PROTECT YOUR CHILD, YOUR FAMILY AND OTHERS

The COVID-19 vaccination can help protect children aged 5 years and older from getting the virus. It also gives your child good protection against being seriously sick even if they do get COVID-19.







## Is the COVID-19 vaccination safe for children?

The Health Sciences Authority has approved the use of the Pfizer-BioNTech/Comirnaty COVID-19 vaccine for use in children aged 5 to 11. Studies and data have shown that the Pfizer COVID-19 vaccine is safe and effective for this age group.

## When does the registration start?

### Primary 4 - 6 (in 2022) & children born between 2009 and 2012

Parents/guardians of P4 to P6 From students (in 2022) in MOE primary 22 Dec schools can expect to progressively 2021 receive an SMS with a unique link to book an appointment. You can book an appointment as soon as you receive the SMS. Parents/guardians of all other 9 to From 11- year-olds (born between 2009 27 Dec and 2012), including those who 2021 did not receive an SMS earlier, can register their interest on the National Appointment System at

## Primary 1 - 3 (in 2022) & children born between 2013 and 2017

From week of 3 Jan 2022 Parents/guardians of P1 to P3 students (in 2022) in MOE primary schools can expect to progressively receive an SMS with a unique link to book an appointment. You can book an appointment as soon as you receive the SMS.

From week of 10 Jan 2022\* Parents/guardians of all children aged 5 and above, including those who did not receive an SMS earlier, can register their interest on the National Appointment System at child.vaccine.gov.sg

#### child.vaccine.gov.sg

- Children in Special Education (SPED) schools and Early Intervention Programme for Infants and Children (EIPIC) centres will receive guidelines from their schools.
- Children must have crossed their 5<sup>th</sup> birthday before they are eligible to book a vaccination appointment.
- Those who register interest on the National Appointment System can expect a unique booking link via SMS within 3 to 5 working days to book a vaccination appointment.
- \* MOE and ECDA will provide an update in early January on the confirmed date for this phase of paediatric vaccination registration and booking, which will extend registration to all children aged 5-11.



### Things to note:

- One parent/guardian must give consent and accompany the child to the paediatric vaccination centre. Only one adult is allowed to accompany each child into the centre due to Safe Management Measures.
- On the appointment date, the parent/guardian accompanying the child/ward must bring along:
  - (a) The child/ward's Student Identification or Birth Certificate/Passport/ SingPass, and
  - (b) The consent form (hard or softcopy) if you registered your interest on the NAS.
- Children who are 12 years old as of the date of the first vaccination appointment will receive the dose for ages 12 and above. Those who received the paediatric dosage on their first appointment will continue to receive the same dosage on their second appointment, even if they have turned 12 between the first and second vaccine doses.

## More information

• For more information, go to https://www.moe.gov.sg/faqs-covid-19-infection

## SUPPORTING YOUR CHILD THROUGH THEIR VACCINATION







## Before the vaccination:

### Talk to your child about the vaccination

Share why it is important to take the vaccine. Discuss how vaccination acts like a shield to protect them from becoming seriously ill. Focus on how they are also helping to keep their friends, teachers and family safe.

- Ask how they feel about it and acknowledge their feelings.
- Talk about how well they dealt with other vaccinations or experiences that they were unsure of.

### Prepare them for what to expect, such as:

Waiting for their turn, having medical officers speak to them, receiving an injection.

• For younger children, role-play the experience so they know what to expect. Talk them through the experience:

"You are going to get an injection to make your body stronger. It can hurt a little, but the pain will go away quickly."

"Mummy/Daddy is here to hold your hand."

"You are very brave."

## Discuss coping strategies that your child can try during the vaccination, such as:

- Breathing in and out
- Counting from 1 to 10
- Holding your hand or a favourite toy

#### Plan some quiet activities that they can do to keep

themselves occupied while being monitored at the centre for 30 minutes post-vaccination:

- Read a book, do a fun quiz, listen to music or watch a video.
- For younger children, they may wish to play with a soft toy or you may wish to tell them a story.



## On the day of the vaccination, let your child:

- Have a light meal and drink water before the vaccination
- Wear a comfortable top with sleeves that can be lifted easily
- Bring along their Student Identification/Birth Certificate/ Passport, and signed hardcopy or softcopy consent form if applicable
  - \* Please do not come for your appointment if your child is unwell, or if a household member is having flu-like symptoms. Postpone your child's vaccination.



## After the vaccination:

- Affirm your child for positive behaviour, such as sitting still while receiving the vaccination, listening to instructions or waiting patiently for their turn.
- Monitor your child for any side effects (e.g. fever, headache, pain, redness, or swelling at the injection site). Most side effects are mild and improve in a few days. If, in the rare instance, your child experiences chest pain, difficulty breathing or rash, please seek medical attention immediately.
- Ensure they avoid strenuous activities, like cycling or swimming, for 2 weeks.